



Cupping Therapy

15 minutes added on to any massage: \$25

30 minutes on targeted areas: \$50

What is Cupping Therapy?

Cupping is a release using suction to pull blood and fluid (which contains toxins and waste products) that is “stuck” to the surface layers of the dermis to put it back into the bloodstream for processing. The newly oxygenated blood then flows back into the area to promote healing; mimicking a Deep Tissue massage. Cupping also does not fatigue the muscles like a Deep Tissue massage does, even though it can be effective up to 4 inches below the surface of the skin. Visible markings on the skin are possible with this treatment.

- Session timing may vary depending on client’s needs.

Benefits of Cupping

- Stimulates circulation
- Increases blood flow at cup site
- Widens blood vessels
- Opens pores
- Promotes faster elimination of waste products
- Non-invasive/non-fatiguing (good for athletes and at competitions)
- Reduction in pain
- Smooths cellulite over time